



MONEY COACH SESSIONS

Free one-on-one meetings to assess your current financial situation.

Money Coaches can help you with:

- Budgeting
- Basic Banking including online banking
- Pay Day Loans- breaking the cycle
- Improving Your Credit Rating and credit counselling
- Opening a Bank Account including opening online bank account
- Discretionary Benefit Applications
- Setting up Direct Deposit
- Access to Community & Financial Resources
- OESP applications
- Benefits Assessment & Entitlements
- Completing low income seniors dental care program applications
- Support completing OW, ODSP, OAS and GAINS applications
- Education and support to file your own Taxes
- Access to other financial Resources and Community Programs

Ask you Housing Stability Worker or contact our Money Coaches directly:
519-964-3663 Ex. 340 to book appointments